

Holy Family Life Teen ~ Teen Leader Covenant

I, _____, am honored to respond to my baptismal call to serve in this ministry. The Teen Leader Team is a Eucharistic-centered, relational peer ministry, striving to LEAD TEENS CLOSER TO CHRIST. We serve our peers by building Christian friendships with them and leading them, by example, into a deeper relationship with Jesus Christ. I understand that much is asked of me including the following:

Commitment to My Relationship with God

- I will develop my personal relationship with God through prayer and the Sacraments. I understand that the Teen Leader ministry is very challenging, and I will succeed only by the grace of God through prayer.
- I will seek to know God and to know our Catholic faith.
- I will abide by the teachings of the Catholic Church. Because I am a representative of the Church, I will actively study to understand the teachings of the Church, especially if I have an issue with a certain Catholic teaching. I will pray for wisdom and obedience in seeking the truth. If a peer shares a Catholic teaching concern with me, I will invite them to explore the true Catholic teaching with me.
- I will actively seek opportunities to pray with friends, family, and Core members.
- I will frequent the Sacraments of Eucharist and Reconciliation.
- I will lead prayer with Core and teens when asked.
- I will strive to become active in the Church in at least one other ministry (i.e., Lector, Altar Server, Adoration Guardian, Usher/Greeter, Choir, etc.)
- I already have at least 30 cumulative formation credits since my 8th grade year.
- I have already received the Sacrament of Confirmation (if a teen has not been confirmed but has demonstrated commitment to Jesus Christ, and is in the process of preparing for their Confirmation, they can apply to be a Teen Leader).

Commitment to Other Leaders

- I will develop Christian relationships with all the members of our Teen Leader team and the Core team. I am committed to living relationships of compassion, patience, forgiveness, reconciliation, service and charity.
- I will go out of my way to be welcoming to people who are checking out Life Teen, both teens and Core. I will introduce myself to new people and invite them to participate with me.
- I will support all Core members in their ministry with teens. I understand the importance of our Core team functioning as a unified team, a model family of God. I understand that Jess and the Core team are in control of the Life Nights, and I will support their decisions. If I have a conflict with a Core member or another Teen Leader, either personally or in ministry, I will lovingly confront that person individually. If I cannot resolve the conflict one-on-one, then I will bring my concern to Jess.
- If I am unable to attend a meeting or I am going to be late, I will tell Jess as early as possible. I understand if I don't attend these meetings, there are things we won't be able to do.
- I will make every effort to attend spiritual and social gatherings for Teen Leaders.

"Therefore, since we are surrounded by so great a cloud of witnesses, let us rid ourselves of every burden and sin that clings to us and persevere in running the race that lies before us while keeping our eyes fixed on Jesus, the leader and perfecter of faith." Hebrews 12:1-2

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Sundays

On Sundays, my focus will be on Christ and His Church. Recognizing that Sunday is the Sabbath, I will strive to finish my homework before Sunday, so I may rest, pray, and focus on God.

Mass

- I will participate in the Holy Mass every Sunday. I will be present in the narthex before Mass, welcome teens, and invite them to Life Nights.
- I will dress appropriately for Mass. Guys are expected to wear pants or appropriate shorts (aka no gym shorts). Girls are expected to avoid short skirts/shorts. Tank tops are to be avoided by all.
- I will sit with teens at Mass and help them to feel included. I will fully participate in the Mass.
- Immediately following the processional song, I will head to the Life Teen room and encourage other teens to join me.

Life Nights

- I will do my best to attend all Life Nights, actively participate, and be a team player, even if it's not the night I am in charge of.
- I will not miss more than 3 nights per semester, in order to be a good example of what it means to commit to your faith growth.
- I will not be a negative distraction during Life Nights, in order to keep other teens focused on God.
- Before and after the Life Night, I will mingle with teens and introduce myself to those I don't know. I will seek out teens that look disconnected or alone and help them feel welcome.
- I will help set up for my assigned Life Nights and clean up after my assigned Life Nights.
- I will assist the Core team in executing 1-2 Life Nights per semester.

Leadership Opportunities (not mandatory)

High school events

- Participate in a night completely planned and led by Teen Leaders
- Opt. out of grade-level small groups to help lead a 9th or 10th grade small group
- Help plan and run retreats
- Help lead Confirmation preparation

Middle school events

- Expectations: attending all the meetings and rehearsals for skits and preparation, leading a small group, giving a witness talk, participating in a skit, if musically inclined play an instrument and/or sing worship songs, setting a good example by your words and actions at the event.
- Middle School retreat, Lock-In night, The Word with Friends

Living Stations of the Cross, VBS (Vacation Bible School) in the Summer and other special events

Become a catechist for Pre-K-5th grade (if already confirmed)

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Lifestyle Because of My Commitment

As a Holy Family Teen Leader, I am called to live a Christ-like life above and beyond my peer group. There are sacrifices that I make because of my love for God and my desire to serve my peers:

- I will not use drugs.
- I will not smoke.
- I will not drink alcohol.
- I will live a life of chastity.
- I will dress modestly.
- I will represent Christ in all I do.

In light of my position as a role model for my peers and as a person who is seeking the fullness of God’s love, I will be careful of the influences I put into my mind and body including the movies and TV that I watch, the music I listen to, the language that I use and the way that I talk to and about others (gossip, sarcasm, etc.). I will also be careful about what I put/post on social media, showing my leadership through all I am.

~Please detach the bottom half of this page, fill it out, and return it to Jess.

In response to my baptismal call, I commit to this covenant for the 2022-2023 academic year. If my commitment changes, I will meet with Jess to discuss my position.

Signature

Date

Print Name

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